

Who Should Attend?
Physicians, dentists, psychotherapists and allied health professionals who wish to immediately begin using hypnosis to resolve symptoms upon completion of the full curriculum.

Schedule
8:30 a.m.—5 p.m. each day

- Workshop Goals**
- Participants in this four-day Basic Workshop will learn:
1. A conceptual foundation for understanding hypnotic trance phenomena for symptom resolution in the practice of medicine, dentistry, psychotherapy and the allied health professions.
 2. To assess patients for suitability for hypnosis.
 3. To use hypnosis to resolve problems of anxiety.
 4. To use hypnosis to resolve both acute pain and procedural pain.
 5. To demonstrate hypnotic approaches for ego-strengthening
- To successfully complete this program and receive CE/CME credit, participants must sign in, complete the entire program and submit the program evaluation along with a \$25.00 CEU/\$50.00 CME fee.

From West of Route 128 (I-95)
Take Mass Pike to Route 128 (I-95) for less than one mile. Take exit 21/21A to Route 16 East. Proceed on Route 16 East 1/4 mile. The Newton-Wellesley Hospital entrance will be on the right.

Coming from Boston
Take Mass Pike to exit 16 (West Newton). Follow Route 16 West for 1-1/4 miles to Newton-Wellesley Hospital entrance on left.

From North or South Route 128 (I-95)
Take exit 21/21A to Route 16 East. Proceed on Route 16 West 1/4 mile to the hospital entrance on the right.

MBTA
Take Green line (Riverside branch, D Train) outbound to Woodland stop.



58th Annual Basic Workshop at Newton Wellesley Hospital

October 20-21 & November 3-4, 2012

Hypnosis in Clinical Practice

Jointly Sponsored by

*The New England Society of Clinical Hypnosis
and
Bournewood Hospital and
The Institute for Continuing Education*

This is an intensive Workshop which is designed to equip clinicians to immediately begin using hypnosis after completion of the full curriculum. This four-day course will provide a foundation for understanding hypnotic trance phenomena and the utilization of hypnotic trance in clinical practice.

The primary focus will be on developing competence and confidence using hypnosis to resolve anxiety, acute and procedural pain, and physiological syndromes involving autonomic nervous system hyper-arousal (insomnia, gastro-intestinal disorders, etc.) Participants should be prepared to personally experience hypnotic trance phenomena, and to extensively practice trance inductions in supervised small groups. This Workshop meets criteria to apply for Certification in Hypnosis from the American Society of Clinical Hypnosis and awards 28 CEUs/CMEs.

The New England Society of Clinical Hypnosis

58th Annual Basic Workshop Registration Form October 20-21 & November 3-4, 2012



Learning hypnosis requires mastery of both theoretical material and practical skills. Learning formats will include fourteen hours of lectures and demonstrations, and fourteen hours practicing hypnotic skills in small groups (closely supervised by senior faculty). Participants will be expected to practice their emerging skills in the intervening two weeks between weekend sessions. In the second weekend there will be an opportunity for participants to discuss and learn from their experiences during the preceding three weeks. Additional lectures/demonstrations and skill practice in small groups will be offered. Attendance is expected at both weekend sessions and will offer 28 hours of CEU/CME credit.

Schedule: 8:30—5 p.m. each day. Additional details including faculty may be found at www.nesch.org.

ACCREDITATION

Continuing education credit for this event is co-sponsored by The New England Society of Clinical Hypnosis, the Bournewood Hospital and The Institute for Continuing Education. This training offers 7.00 contact hours per day. Credit is awarded on a daily basis with full daily attendance required. The continuing education processing fee is \$25.00 per person (\$50.00 per physician) to be paid following the training event. Participants interested in receiving continuing education credit should stop by the registration desk to pick up a CE packet and instructions on requirements for the awarding of continuing education credit.

Physicians. Bournewood Hospital designates this live activity for a maximum of 28 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Massachusetts Medical Society for Continuing Medical Education through the Joint Sponsorship of Bournewood Hospital and the New England Society of Clinical Hypnosis. Bournewood is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

Psychology. The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling. The Institute for Continuing Education is an NBCC-approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for the content of this program. NBCC Provider No. 5643.

Social Work. The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. ASWB provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal. CA Board of Behavioral Sciences Provider No. PCE636. IL Dept. Professional Regulation Provider No. 159-000606. OH Counselor and Social Work Provider No. RCS 030001

Marriage-Family Therapy. This program has not been pre-approved for Massachusetts and/or RI MFTs., however certificates of attendance will be issued (see Other Disciplines below)

Nursing. The Institute for Continuing Education is an approved provider of continuing education in nursing by the Alabama State Nurses Association, Provider No. 1124; and by the California Board of Nursing, Provider No. CEP-12646. Nurses should check with their state board to determine if credit issued through an appropriate provider of these boards is acceptable for credit by their state board.

Other Disciplines. Members of other professional disciplines will be granted a certificate of attendance which can be submitted for approval to each discipline's credentialing body for continuing education credits.

If you have questions regarding the program, presenters, continuing education, or for a listing of learning objectives, please contact The Institute for Continuing Education at: 251-990-5030; Fax: 251-990-2665. ADA/Section 504. If you require special accommodations, please send an email to registrar@nesch.org, at the time of your registration.

Skill Level of Training: Introductory

Tuition

- Basic Section \$ 795
- Students/Trainees—requires verification of student status \$ 395
- Box Lunch \$12/per day \$ _____
Vegetarian please check here _____

Total _____

Name	
Name for Badge	
Prof. Discipline/Specialty	
License #	
Street Address	
City, State, Zip	
Email	
Office Phone	
Home Phone	
Cell Phone	
Institutional Affiliation	

Complete and return to:
New England Society of Clinical Hypnosis
PO Box 272
Southborough, MA 01772

Please make checks payable to NESCH.

Hotel Accommodations

Hotel information will be supplied upon registration. A discount rate has been negotiated for Annual Workshop participants.

Cancellation Policy

Registration fees are non-refundable after October 1, 2012.